

## Home - Care Instructions Post ACL Surgery

Client \_\_\_\_\_ Patient \_\_\_\_\_

Admission Date \_\_\_\_\_ Release Date \_\_\_\_\_

**Proper Restraint:** Please protect your pet when leaving the practice by using a leash or carrier.

**Medications:** ( ) None Dispensed  
( ) Dispensed - directions attached.  
( ) Start medication \_\_\_\_\_

**Food and Water:** ( ) Only small amounts of food and water should be offered.  
( ) Normal feeding may resume \_\_\_\_\_  
( ) Feed your pet his/her regular diet  
( ) Feed multiple smaller meals \_\_\_\_\_ times per day.  
( ) Special diet \_\_\_\_\_  
( ) Offer water with no restrictions.

**Exercise:** ( ) May resume normal activity in \_\_\_\_\_ days.  
( ) Confine indoors. Take outside on leash only for \_\_\_\_\_ days.  
( ) Strict confinement to cage or small room for \_\_\_\_\_ days.  
( ) No running, jumping, or access to stairs.

**Monitor:** **Call the practice if any of the following occur:**

- Loss of appetite for more than 2 days
- Pain
- Discharge from eyes, ears, or nose
- Straining to urinate or defecate
- Change in breathing
- Refusal to drink water for more than 1 day
- Depression
- Excess drainage from incision
- Difficulty getting up or down
- Vomiting/Diarrhea
- Swelling
- Abnormal odors
- Weakness

**Follow-up Instructions:** **We need to recheck every week for 4 weeks with the following schedule**

**Day 7-** Schedule a Drop-Off appointment for a recheck

**Day 14-** Schedule a Drop-Off appointment to destabilize the cast and remove the sutures

**Day 21-** Schedule a regular appointment for a recheck

**Day 28-** Schedule a Drop-Off appointment to remove the cast

**\*\*The Drop-Off appointments have to be scheduled Monday-Friday\*\***